

Our Photo Novella on Elderly Concerns With Aging

Healthcare Concerns of the Elderly and Why
it is Important For Elders to Schedule Doctor
Visits

Kelly Bemish

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Fred and Marge



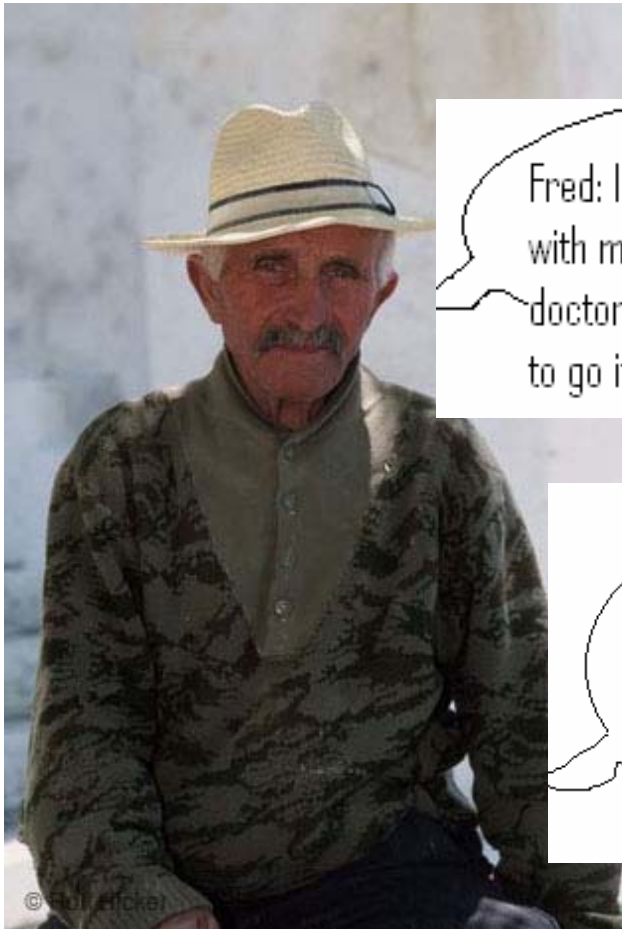
No I don't silly-I will live forever. I am fine-fresh as a daisy and healthy as heck to boot. Don't you worry about me Marge

You know Fred you need to lay off the potato chips, you are starting to look a little large and you could get diabetes or even high blood pressure

Marge: I am the healthiest person I know, I eat right, go to the gym, and I keep my mind busy with crossword puzzles.



Fred



Fred: I don't have anything wrong with me and I hate going to the doctor besides, when it's your time to go it is your time.

I go fishing, boating, I play bingo at the church every Sunday night, and I play with my grandkids.



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4	7	21	28	18
1	17	Free Space	●	50
2	●	19	41	20
1	9	30	45	25



Marge



What he doesn't understand is that a person can 'inherit' diseases from their family members, his father had heart disease and his mom had diabetes.

I broke my hip 2 years ago but get along just fine with a cane. Fred never listens to me so I just went ahead and scheduled an appointment for him.



Marge and Fred at the Doctor's Office the Following Day



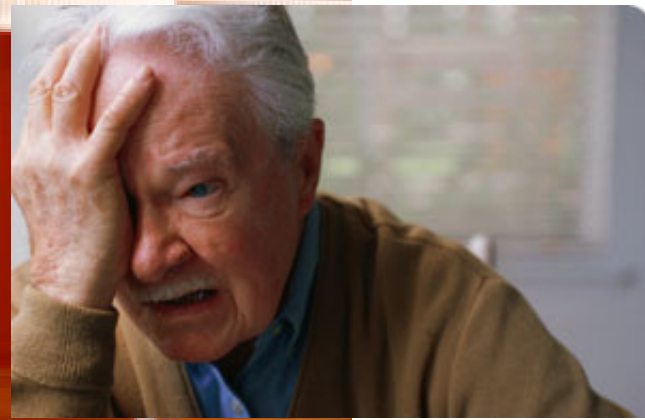
Well, Fred I am glad that you came in today. The reason why you have been feeling weak is because you have TYPE II DIABETES, and the reason why you've had chest pains is because you have HIGH BLOOD PRESSURE and HEART DISEASE

I am going to prescribe four different medications to you today and they should help reduce any of the symptoms that you have been having. I am very glad that you came to see me today. Any longer and I don't know how you would have lived.

Fred's Demise

- Fred thinks that it is ridiculous that he was prescribed four medications, so he doesn't take any of them ever.
- Marge listens to and respects her doctor's informed decision and she takes all of her medications...always.

One year goes by for Marge and Fred



Marge and Fred 2 Years Later

- Meet Marge 2 years later



I am a very happy woman, due to the fact that I go for monthly check-ups that cover all of the bases. I am still alive and kicking. My doctor instructed me to take calcium and now I no longer walk with a cane. I don't even have Osteoperosis!

I go on vacations all of the time with my girlfriends and I get to do everything that Fred never wanted to do or wouldn't let me do. Not only that I have his life insurance to do things now. I do miss him so.

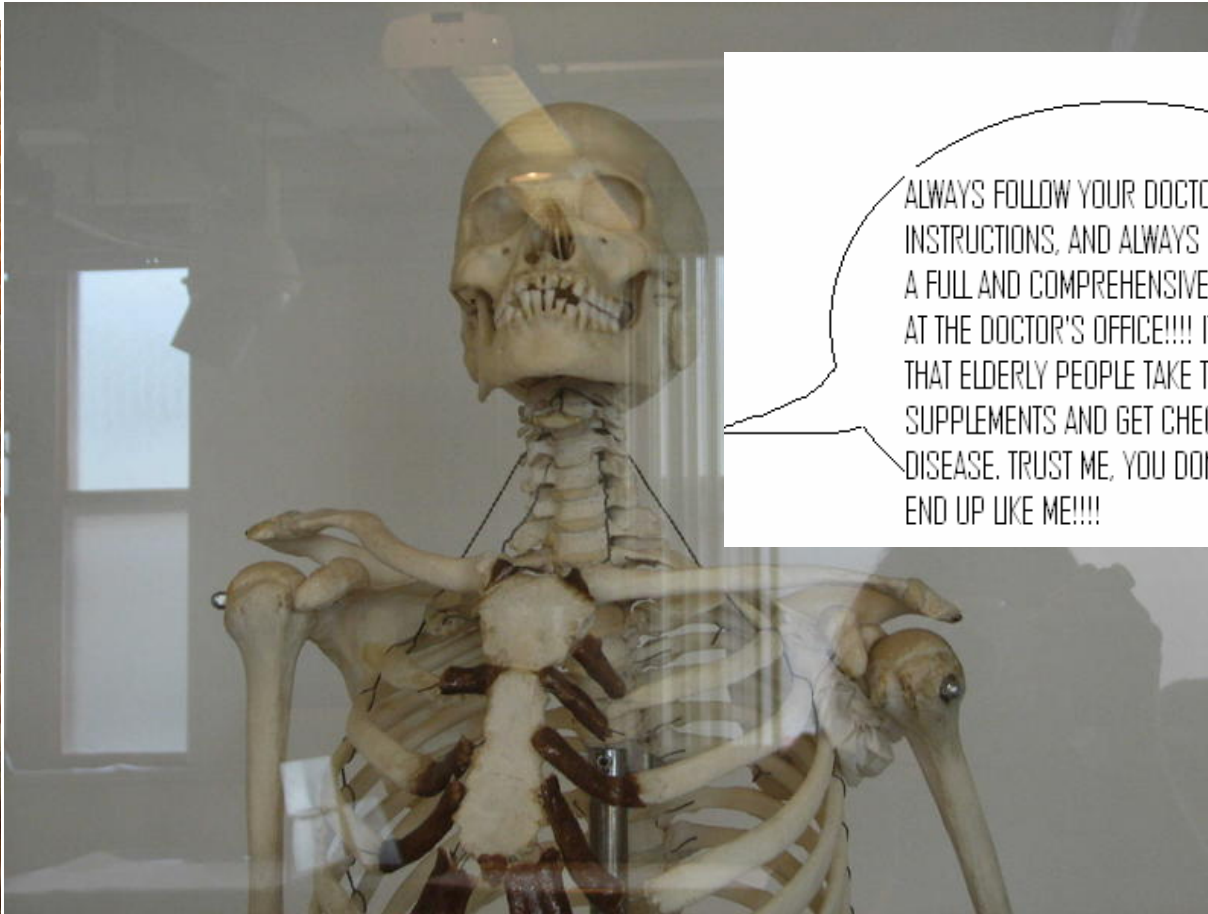
Marge and Fred 2 Years Later

- Meet Fred 2 years later.



- You can't because he died shortly after he never took his medicine.
- He no longer can fish, go boating, play bingo, or even play with his 8 grandkids.

FRED'S MESSAGE



ALWAYS FOLLOW YOUR DOCTOR'S INSTRUCTIONS, AND ALWAYS GO TO GET A FULL AND COMPREHENSIVE CHECK-UP AT THE DOCTOR'S OFFICE!!!! IT IS VITAL THAT ELDERLY PEOPLE TAKE THE PROPER SUPPLEMENTS AND GET CHECKED FOR DISEASE. TRUST ME, YOU DON'T WANT TO END UP LIKE ME!!!!